

# USER GUIDE HYDROGEN FOUNTAIN

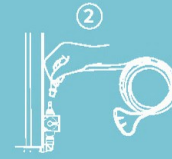
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## HYDROGEN Gas (Lower Button + Switch Valve)



Press and hold on the lower button for 2 seconds to activate the HYDROGEN Gas output.



Attach the nasal cannula to the HYDROGEN Gas outlet.



Open switch valve of HYDROGEN Gas outlet to start the inhalation. Close the switch valve after use.

**Start with inhaling 30 minutes then gradually increase to 1 hour\*.  
Try to reduce the inhalation time if there is any sign of discomfort.**

*\*Recommended 1 hour per session a day of HYDROGEN Gas inhalation.*



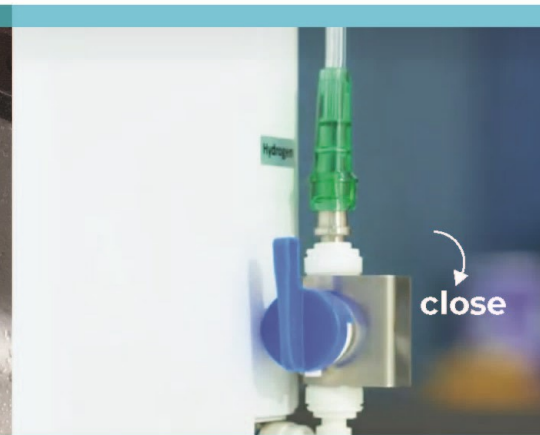
For healthy person, recommended to inhale once a day, 1 hour per session.

For people with medical condition, you may increase the inhalation time according to your needs.



To maintain hygiene, it's recommended not to share nasal cannulas.

Use OZONE water to rinse nasal prongs afterward.



If you want to dispense HYDROGEN Water during inhaling, close the switch valve of HYDROGEN Gas outlet before proceed.

### Reference links:

<http://www.molecularhydrogeninstitute.com/human-studies>  
<https://www.ncbi.nlm.nih.gov/pubmed/23852510>



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## OZONE Water (Motion Sensor)

### Disinfection

Beep~



**ACTIVATE 1 Sec**  
20 sec output;  
repeat to stop.

**HOLD 3 Sec**  
5 min output;  
repeat to stop.

## OZONE Water (For external use)

*Its effectiveness of disinfection will deplete by half every 15 minutes.  
Please use immediately.*

Personal  
hygiene



Removing  
pesticides  
from produce



Surface cleaning  
and sanitation



Bathroom  
cleaning



Deodorization of  
towels and fabrics



Disinfecting  
baby supplies



Pet  
deodorization



Sanitizing  
kitchenware



Food  
sanitation





# USER GUIDE

## HYDROGEN FOUNTAIN

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### HYDROGEN Water (Lower Button)

Drinking

Beep~



**PRESS x 1** 5 min output; repeat to stop.

**1** Drink at least 1.5 litres of HYDROGEN Water a day.

**2** HYDROGEN Gas will easily escape if it's left exposed in the air. To enjoy the maximum therapeutic result, consume within 30 minutes after being dispensed out.

**3** Avoid boiling HYDROGEN Water as HYDROGEN Gas will easily escape.



Start drinking 600ml of HYDROGEN water and increase to 1.5 litres gradually.



Store HYDROGEN Water in air-tight aluminum, stainless steel tumblers, or glass bottles. Fill them up to the brim to ensure there is no air gap.



Rinse with HYDROGEN Water and soak a dry sheet mask in hydrogen water and apply it to your face for skin rejuvenation.



Gently rinse the sunburn areas with HYDROGEN Water to speed up the healing process.



For raw food consumption, you may soak at least 15 minutes after washed with OZONE water.

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